

“VASIL LEVSKI” NATIONAL ACADEMY OF SPORT

“FOOTBALL AND TENNIS” DEPARTMENT

V I E W P O I N T

related to Bozhiya Mitkova Noeva’s doctor’s theses titled: “Sport preparation specific methodology of 14-15 years of age girl football players”, she is a part-time PhD student in 7.”Health and sport” higher education field, 7.6. “Sport” professional direction, “Theory and methodology of sport science” doctoral programme, for conferring “PhD” educational and scientific degree

Supervisor: prof Lachezar Dimitrov, DSc

Viewpoint presented by: prof Petar Aleksandrov Bankov, PhD, appointed as member of the scientific jury by “Vasil Levski” National Academy of Sport Rector’s order No. 39 dated January 22, 2025

PhD student Bozhiya Mitkova Noeva is born in 1991 in Gabrovo. She graduates her higher education at “Vasil Levski” National Academy of Sport by “Bachelor” educational and qualification degree – “Sport” specialty – football coach; “Physical education teacher”; “Kinesytherapy”; “Master” educational and qualification degree: “High achievements sport”; “Sports management”. Since 2012 she is a senior football coach of the junior girls for 12 years.

The PhD student has got well educated, professionally specific preparation in the field of women’s football; that being a solid prerequisite, pre-determining her status and potential abilities to be a part-time PhD student because of her up-to-date theoretical and scientifically-applied studies of 14-15 years old girl football players’ sports preparation.

The “Sport preparation specific methodology of 14-15 years of age girl football players” doctoral theses are developed on 263 pages. Contents is pre-

sented in four chapters, incl. 47 figures and 79 tables, biographical notes, 106 literature sources – 74 in Cyrillic alphabet and 32 in Latin alphabet. Doctor's theses content is developed in four interrelated chapters: introduction, literature review; purpose, tasks, organization and methodology of the study; analysis of the results, conclusions and recommendations.

Purpose of the study: To research, develop and evaluate the effectiveness of the specific methodology of the sport preparation of 14-15 years old girl football players. Five scientific-research tasks are formulated in interrelated connection for the execution of the purpose related to: historical, sport-pedagogical; anthropometric; normative aspects of the sport preparation of 14-15 years old girl football players.

Chapter one presents studies and analysis of: development of women's football on world scale and in Bulgaria; anatomic and physiological particularities of children and junior girls; psychological aspects of the development; sensitive periods of the motive qualities development; problems of the 14-15 years old girl football players' sport preparation.

The following methods have been applied in the process of the study: pedagogical experiment; medical, biological and sport pedagogical; complex of indicators and tests (15); inquiry expert study (482 participants); mathematical-statistical.

The "Analysis of the results" third chapter (page 54-141) presents interrelated analysis, competently demonstrated by figures and tables. They are: results from the enquiry expert study for the development of the girl and women football; anthropometric; sport-pedagogical (15 tests). Particular attention is paid to the following: application of the variation and comparative analysis; methodological and organizational requirements, incl. given in details in the annex of the theses (page 153-231).

The conclusions and recommendations formulated in chapter four correspond to the execution of the purpose and tasks of the study. The abstract reflects correctly and precisely the structure and contents of the paper. Two independent publications are presented, related to the theme of the doctor's

theses – actual aspects of the 14-15 years old girl football players' preparation. No incorrect use (plagiarism) of literature sources is noted in the doctor's theses content.

Question to the PhD student: "What should be done for the popularization and recommendations to the clubs for the application of the specific methodology to the sports preparation of 14-15 years old girl football players?"

Doctor's theses scientific and practical contributions

1. Enriched are the theory and scientific-applied studies of practical importance for the perfection of the sport preparation of 14-15 years old girl football players.

2. Competent analysis is made of the historical development of the world and national women's football.

3. Applied to the scientific-applied study is a complex of modern scientific methods in social, historic, managerial, anatomical-physiological, pedagogical and medical-biological aspects of the 14-15 years old girl football players' preparation.

4. Modern enquiry expert study is performed of: the needs of the children and the grown-ups, the image of the different sports; the obstacles for the development of women's football.

5. Designed and experimented are: a range of sport-pedagogical tests for the technical and specific physical preparation; normative tests for selection, control and evaluation of the specific physical and technical-tactical preparation of 14-15 years old girl football players.

Conclusion

The doctor's theses presented for review relates to a complicated and of intransient importance theme. The doctor's theses procedure corresponds to

the requirements of: the Development of the academic staff in Republic of Bulgaria Law; the Rules for the application of the mentioned Law; The “Vasil Levski” National Academy of Sport Order for the acquisition of the “PhD” educational and scientific degree.

On the basis of the viewpoint and with conviction I propose to the members of the scientific jury: 1. To positively evaluate the qualities of Bozhiya Mitkova Noeva’s doctor’s theses titled: “Sport preparation specific methodology of 14-15 years of age girl football players”. 2. Following a successful public defense of the theses, to confer to Bozhiya Mitkova Noeva the “PhD” educational and scientific degree in 7.6. “Sport” professional direction, “Theory and methodology of sport science” PhD programme.

March 27, 2025
Sofia

Presenting the viewpoint:
prof Petar Aleksandrov Bankov, PhD